



The
ULTIMATE
FAMILY RETREAT

EXPERIENCE GUIDEBOOK

First Edition




Kukui'ula®
SOUTH SHORE, KAUAI

E Komo Mai

[Welcome.]

Within this Guidebook you will find dozens of experiences designed to enrich your stay, creating indelible memories that will last a lifetime. Use the stamps provided to mark off your experiences as you and your loved ones explore, and use the Planner section to map out your days.

Enjoy the ultimate in adventure, an incredible private club, exclusive golf, inspiring cultural celebrations, elevated Kaua'i dining with foods and flavors of the island, an exceptional spa, invigorating fitness programs, and so much more.

These things that only the magical island of Kaua'i can provide, only exist together in one place:

Kukui'ula—the Ultimate Family Retreat.

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ADVENTURE

1 Māhealani Custom Excursion

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So much of Kaua'i's stunning coastline is only accessible by water. On our 32-foot Yellowfin boat, you can explore the wonder of the cliffs and caves of the Nā Pali Coast, snorkel in aquamarine bays on the south shore, or fish using the custom-made rods of a Kaua'i master fisherman. If you're lucky, you'll encounter ocean wildlife such as sea turtles, dolphins, and in the winter, humpback whales.

DETAILS

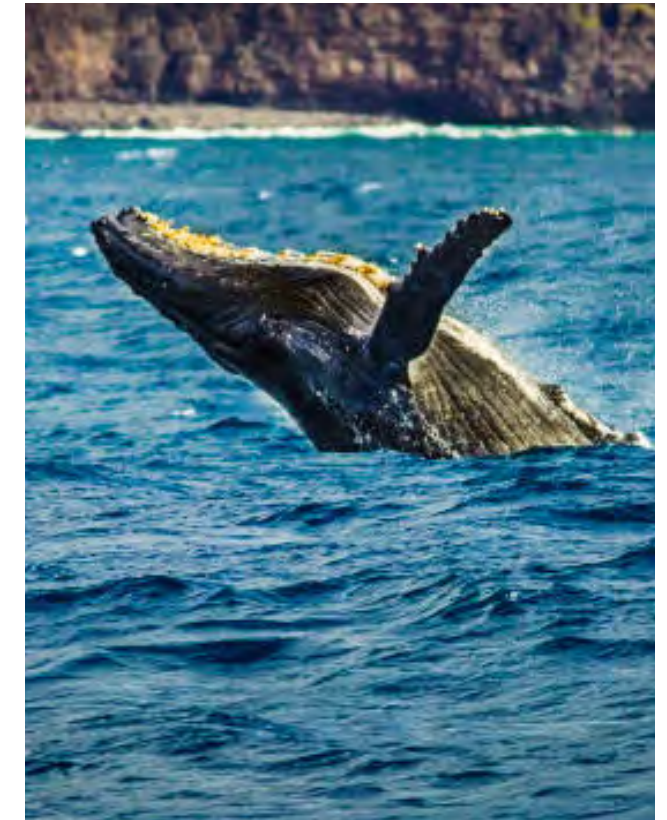
Craft your own itinerary for a custom adventure! Half and full-day charters are available and can include snorkeling and swimming in remote bays, and trolling during runs with whipping, if conditions are calm. Snacks, soft drink, fishing equipment, towels, sunscreen and snorkeling equipment provided. A Māhealani food menu created by our culinary team is available for orders upon request.

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2

Whale Watching

Beginning in November, the koholā (humpback whales) travel thousands of miles from Alaska to the warm waters of Hawai'i to mate, give birth and raise their young. These majestic, gentle creatures are best experienced from the water, from a close yet safe distance aboard our Kailele sailing canoe or the Māhealani. The ideal time for whale watching is in February and March, before they begin to head back to Alaska in April.



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3

Nā Pali / North Shore Holoholo

Known as one of the most beautiful places on earth, the untouched, majestic mountains and fluted peaks of the Nā Pali coast are adorned with dramatic sea caves and valleys that will quite literally take your breath away and draw you back to experience the wonder of it time and time again.

Our private charters are customized, allowing our amazing crew to show you the very best of the coast and cater to your interests: exploring its sea caves, private beaches, and majestic waterfalls, and maybe even some fishing along the way. By sea, the ideal Nā Pali tour season is from May to the beginning of October, before our winter ocean swells roll in making the coast much less accessible by boat from November to April.

4 The Sailing Canoe



The first sailing canoes emerged in ancient Polynesia over 1,000 years ago. The canoes were built from native trees, and the sails were made from plaited leaves. Ancient Polynesians explored the vast Pacific Ocean on these sailing canoes using the stars, ocean tides and weather patterns to guide them on journeys near and far. The tradition of canoe sailing is very much alive in the Hawaiian Islands and especially here at Kukui'ula. A day spent traversing the South Shore waves on Kailele, our stunning sailing canoe, is truly an exhilarating and unique experience.

DETAILS

Sails on Kailele are 1 hour in duration. For the best chance of seeing dolphins, turtles and other marine life, morning sails are recommended.

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Outrigger Canoe Lesson

A tradition centuries old, outrigger canoe paddling remains one of the most iconic and popular sports in Hawai'i today. Led by master paddlers, participants will experience various techniques and care involved with paddling each type of canoe. After honing your paddling stroke, you'll be ready to hit the open ocean yourself, or join one of the local canoe clubs.

6

Custom Kayak Excursion

South Shore/Lāwa'i Kai Kayak Excursion: Guided double kayak trip along the South Shore departs from Kukui'ula Beach Park.

7

Guided A'epo'eha Bass Fishing

While at The Farm, untie a rowboat and paddle out on the lake to fish for peacock bass. Florida is the only other place in the nation you'll find this prized sportfish. Huaka'i Outfitters provides rods and reels.



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8

South Shore/Lāwa'i Kai Kayak Excursion

Guided double kayak trip along the South Shore departs from Kukui'ula Beach Park.

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9

Kayak Fishing

Kayak fishing has been gaining popularity in Hawai'i, with local fishermen reeling in prize-sized catches. For those who are up to the challenge, Adam King, one of the best kayak fishermen in Hawai'i, will demonstrate how to handle equipment, safety & sustainability guidelines, and share his wealth of knowledge and experience of this unique style of fishing. The intensive will culminate with shallow bottom fishing and a downwind kayak fishing adventure, and experience that will no doubt provide tales of tails to tell.

10

Stand Up Paddleboarding

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Experience Kaua'i from a different perspective on one of our Stand Up Paddle boards. Beginners can learn on the calm waters of the lake at the Farm, or in the protected harbor at Kukui'ula Beach Park. More experienced SUP'ers can head out on an open-ocean adventure with our Huaka'i Outfitters along the coastline of the south shore, or down to Lāwa'i Kai.

DETAILS

Each SUP outing is customized based on participant's experience and ability as well as ocean and weather conditions to ensure the best experience every time.

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11

Keiki Surf Lesson

Two-on-one instruction for children 10 years and under. Your guides for this hour instruction will advise on the manner of instruction ranging from near shore bodyboard or longboard "pitch and catch" to practicing the basics of paddling, standing up and maneuvering the board to heading out to the surf lineup depending on the participant's progression through the lesson. Parent/guardian required to be in attendance for children under the age of 6.

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12

Surf Lesson

Hour-long surf lesson for beginners who are unable to paddle into a wave on their own. Children aged 5-9 will be given shoreline instruction which includes body boarding on the shore break to teach participants how to locate, prepare, time, catch and ride the wave energy. Ages 10 and up will head out to the lineup with instructors observation.

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13

Surf Session

Private, one-on-one, hour-long session for experienced surfers wanting to have a guide to help them maneuver the line-up and coach them through the nuances of a local break. Participants must possess enough skill to surf on their own and be able to handle themselves competently.



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14

Canoe Surfing

Head to Kalapaki Bay for an hour-long session. Maximum of two participants per session with a steersman and guide.



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15

Custom Beach Day

Huaka'i Outfitters sets out a luxe camp at beaches island-wide with shade tents, gear, essentials, niceties and refreshments. Beach days are customized for groups of 2 to 10+.

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16

Guided Custom Keiki Adventure

Our Kuku'i'ula Kamali'i program is specially designed for kids 5-17 years of age or for families to participate together. Customize your experience by choosing adventures and activities based on the love we share for our ocean and land, such as surfing, fishing at the Farm, kite flying, swimming, slip-n'-sliding, cultural games and activities, golf, tennis and more. Whatever you choose, kids of all ages will have fun exploring, playing and learning.

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17

Crossbow Hunting

Good hunters know that being successful at your craft is much more than just taking down your target. Led by a local, expert hunter, participants will learn how to use a crossbow and gain firsthand experience in proper pig hunting etiquette, safety and hunting strategies, as well as learn how to clean, process, and cook the game sustainably. Hunting and training will take place around the Farm where pigs are abundant and the odds are in your favor.



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18

Guided South Side Hike

One of the best ways to explore Kauai's many scenic locales is by foot or bike. Set off for a hike on your own, or allow our Huaka'i Guides to plan and lead you on the adventure of a lifetime. Explore the oceanside cliffs, white sand beaches and stories of Kōloa's sugar-era history right in Kukui'ula's sunny backyard.

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19

Guided Kōke'e Hike

A day-long adventure hiking the mountain trails of Kōke'e State Park, from 2-mile to 12-mile loops. Terrain difficulty varies. Views include highland swamps, tropical rain forests, canyon rims, sheer cliff sides and ocean panoramas.

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21

Guided East Side Hike

Day-long excursions to hike, bike or run some of our favorite east-side trails including Kuilau, Moalepe, and Nounou, otherwise known as Sleeping Giant. These lush trails are family friendly and can be made more challenging for more active hikers. At the top, sweeping vistas and cool breezes await.

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20

Guided A'epo'eha Hike

An easy 3-mile hike around The Farm that can also include fishing for peacock bass.



HUAKA'I OUTFITTERS

To Book: 808.742.8000
Members: memberservices@kukuiula.com
Guests: guestservices@kukuiula.com

TUESDAY – SUNDAY, 8AM – 8PM

Kaua'i is home to some of the world's most famed locales for adventure, where you can challenge your inner athlete and explorer.

Our Huaka'i Outfitters are a team of experts, many of whom grew up on Kaua'i. They can help you master a new skill or sport or discover some of the most pristine locations for adventure on Kaua'i. Keiki enjoy supervised on-site and off-site activities tailored just for their age group. The Outfitters can also provide all the equipment you need—snorkeling gear, bikes and beach cruisers—to set off on your own family adventure. To explore the thrilling coastline and Kaua'i's remarkable undersea environment, Kukui'ula's 32-foot Yellowfin boat, the Māhealani, is available for private charter.

The formal listings and offerings included here are a starting point for what's possible. In addition, the Huaka'i Outfitters arrange outings to favorite local beaches, trailheads and South Shore locales with all equipment, transportation, activities and on-site instruction included.

And then there's the Huaka'i Outfitters rule of thumb: If there's something you want to do or try, just ask.



HALE O HUAKA'I

Home base to our Huaka'i Outfitters, and one of Kukui'ula's favorite hang-out spots, Hale O Huaka'i is the perfect spot to enjoy your fresh catch with family and friends, get a quick workout in with the Outfitters, or enjoy one of the many scheduled activities available weekly. Check the weekly calendar for special programming.



CLUB FUN

22

'Ohana Day at Makai Pools

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Steps from The Clubhouse, an infinity-edge pool is equipped with loungers for basking half-submerged in the aquamarine water. Adjacent pools flow together connected by cascading waterfalls and a water slide, beloved by Kukui'ula's keiki, that leads to the sand-bottom pool lapping the shores of a man-made beach. The expansive Makai Pools provide countless idyllic spots for sunbathing with a cold, refreshing tropical drink in hand.

DETAILS

Pools Open Daily
Food & Towel Service
11:00 a.m. – 4:00 p.m.

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23

Keiki Waterslide

The Makai Pools water slide is a hallmark amongst keiki and provides hours of fun and laughter. No pool day with children is complete without a handful of rides down the slide.



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24

'Ohana Croquet

A vast lawn stretches from The Clubhouse towards the ocean and is the perfect place for an 'ohana game of croquet. Whether playing for fun or competitively, the relaxed paced of croquet allows for ample quality time with family.



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25

Game Room

Loved by keiki, teens and adults alike, the Game Room in the Clubhouse is the perfect spot for both friendly and competitive games of chess, checkers, shuffleboard, pool or vintage Pac Man. The shady Game Room lanai offers a comfortable place to enjoy a good book and is an ideal spot to watch Kailele gliding across the harbor or Spouting Horn at sunset.

OPEN

OPEN TUESDAY - SUNDAY | 8:00 AM - 8:00 PM

26

Tennis

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More than 300 days of sunshine, temperate breezes and beautiful new tennis courts make for an ideal morning or afternoon match. Take advantage of a private lesson or group clinic with our tennis pros or try an exciting game of beach tennis or pickleball. Ask the tennis pros or other Huaka'i staff about set-up, game matching and play for any racket sports. A complimentary selection of the most recent models of Head Tennis rackets are available for use with clinics, lessons and court reservations.

DETAILS

Courts are open daily from 8:00 am until 6:00 pm. Daily court fee allows all-day play with 1.5-hour time slots for singles and 2-hour time slots for doubles.

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27

Pickleball

Pickleball is played on a court that combines elements of badminton, tennis and table tennis. This fast growing sport is great for all skill levels. Enjoy a game with friends, join in on one of our Pickleball tournaments, or learn and perfect the game through our weekly clinics.



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28

Beach Tennis

Beach tennis combines tennis, badminton and volleyball and can be set up on a volleyball court or lawn. Suitable for all ages and skill levels.

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29

Private Tennis Lessons

Tennis and Pickle Ball - One Hour Lessons.

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Table Tennis

Head to the game room to put your ping pong skills to the test! Suitable for all ages and skill levels.

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31

Party-O-Tennis

The Party-O-Tennis workout incorporates tennis and physical fitness in a less technical and more fun workout for tennis players as well as non-tennis players alike.

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32

Beginner / Intermediate Tennis Clinics

Designed for beginners or those looking to improve on game fundamentals and technique.

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33

Adult Tennis Clinics

Get your tennis fix for the day and work on your groundstrokes, volleys, serves, and returns in one of our drills focused clinics or a live ball format clinic led by our Tennis Pro.

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34

Junior Tennis Clinics

This fun, 45-minute class uses USTA-approved balls, mini nets, and age level-appropriate classes. We offer exercises critical for creating early muscle memory that will allow your child to learn the correct swing and footwork.

AGES 4-7
AGES 8-13

Designed to take young players to the next level of tennis, this 1-hour session focuses on stroke production, footwork and live ball drills that help develop the complete tennis player.



35

Cruiser Bikes Outing

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Our favorite mode of transportation for getting to and from The Club, to the beach, and to The Shops at Kukui'ula to shop, dine, or to fill your bike's basket to the brim with the irresistible goodies you'll find at the weekly Farmers Market.

DETAILS

Priority Cruiser bikes are available in several different sizes, from keiki to adult, and we even have a few baby trailers for our youngest riders.

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36

Electric Bike Outing

The best of both worlds, zip along (mostly) pedal free or ride manually for a bit of a workout. An ideal way to get up to The Farm or for a ride into Kōloa Town. All riders must have a valid driver's license.



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37

Mountain Biking

Take the trails less traveled. Stay close to home on the trails around The Farm or head out to locations on the west and east sides of the island.

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38

Scooter Rentals

Our Keiki agree that it's quickest - and the most fun - to zip around the club on scooters. Ride them down to the pool and up and down Club Drive, or back home for a snack. Wherever you go it's sure to be a blast just getting there.

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39

Keiki Bikes

Take the trails less traveled. Stay close to home on the trails around The Farm or head out to locations on the west and east sides of the island.

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40

Archery Lessons

Private one-on-one archery lesson with our Huaka'i Guides for an hour at the range. Offered for beginners to advanced, our guides will help you with your form and technique. Ages 12 and up.



41

Visit the Club Farm Stand

If you can't get up to the Farm, the next best thing is to stop by our Farm Stand at the Club. Brimming with whatever produce and flowers are currently in season, it's the easiest, and healthiest, way to get those last few ingredients for dinner.

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42

4th of July Celebration & Summer Slam

Our biggest day time celebration of the year, our Independence Day Celebration and Summer Slam party are a must. In true 4th of July spirit, Members and Guests enjoy barbecue, fresh from the grill. Plus, you'll get competitive with your friends and family playing a host of fun games like relay races and flag football

JULY 4

44

Christmas Eve Dinner

While enjoying a scrumptious Holiday meal, enjoy festive music, special performances, and if you've been good, even a visit from Santa.

DECEMBER 24

45

New Year's Eve Celebration

In Kaua'i, no New Year's Eve celebration is complete without 'ono (delicious) food, fireworks, friends, and family. And each year at Kukui'ula, we incorporate them all, and then some. From live concert-like performances to themed parties, our yearly New Year's Eve parties are fun for the whole family that will leave you with unforgettable memories.

DECEMBER 31

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43

Thanksgiving Dinner

Gather your family and friends for a true Kaua'i-style Thanksgiving feast featuring Hawai'i regional and traditional American cuisine.

**FOURTH THURSDAY
OF NOVEMBER**





CLUBHOUSE

TUESDAY – SUNDAY, 8AM – 8PM

The Club at Kukui'ula affords Kukui'ula's homeowners and guests access to the Clubhouse and the rich array of amenities at the heart of our community. These include:

- The 18-hole Tom Weiskopf-designed golf course and golf clubhouse
- Game Room
- Custom private and group outdoor activities
- Kukui'ula's sailing canoe, Kailele, and chartered ocean adventures
- Breakfast and dinner at 'Umeke Kitchen + Bar
- Lunch at the Makai Grill + Bar
- Treatments, services and classes at Hi'ilani Spa + Fitness
- 10 acres of organically grown produce at The Farm
- The Makai Pools adjacent to the Great Lawn
- Rebound Ace-surfaced tennis courts for practice and match play, as well as pickleball and beach tennis
- Culturally rich and intellectually stimulating events and activities

Gather for breakfast and morning coffee made with Kauai'-grown beans or fresh-pressed juices. Soft sofas invite lounging, while the game room inspires friendly competition amongst family and friends. Come evening, the Great Lawn's giant firepit beckons, welcoming sunset with a cocktail or a stick of fire-toasted marshmallows.

* Hours and activities subject to change.



Operation 36

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The most cutting edge game improvement program in the world today, Operation 36 was designed as an approachable way to teach beginners how to play golf. A 9-hole game, the goal is to shoot 36 or better. Although created for beginners, any player level can participate in Operation 36 and have fun doing it!

DETAILS

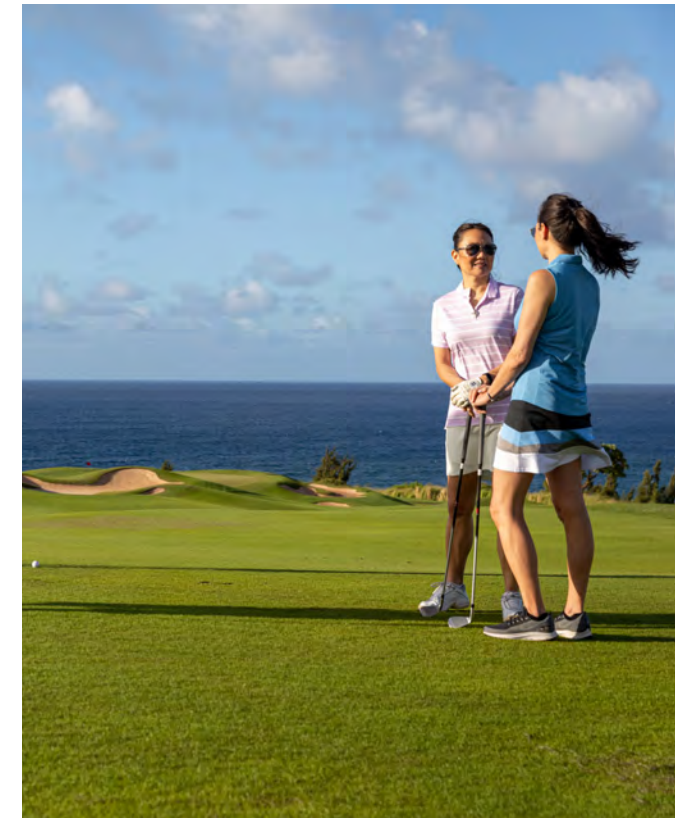
Players start at 25 yards away from the hole and graduate to progressively harder levels (50, 100, 150, and 200 yards) as they continue to shoot 36 or less. Beginner players receive coaching, instruction, and demonstration along the way, as well as learn game etiquette and course management. Allow two hours.

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47

Adult Golf Clinic

Designed for all levels of Golfers, our weekly Adult Golf Clinic teaches players the essentials of golf including putting, pitching, chipping, full swings and golf course management.



48

Ladies 9 Hole

Taught by a female Golf Professional, Ladies 9 Hole is a fun and easy game for beginning women golfers. The format of each game changes weekly.





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50

Junior Golf Lessons

Golf pros are available to be scheduled for private junior golf lessons. You may choose any topic to cover, including putting, full swings, and everything in between.

51

Junior Golf Clinics

Designed to be keiki (kid) friendly and broken into two groups for kids ages 5-7 and 8-14, our Junior Golf Clinics teach players everything they need to know about golf using fun props, like Snags - tennis-like golf balls.

52

Private Golf Instruction

Private Instruction with a PGA Professional, PGA Apprentice. Complimentary Club Fittings available. Call to make an appointment.



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53

Glow Golf

Come out and join us for the most popular golf event of the year. We transform the putting green into a 9-hole night course complete with dancing lights of all colors. The driving range is turned into a beautiful glow golf par 3 course with 5 holes carved out of the darkness and lit up like a Christmas Tree. Food trucks and a live DJ will provide music and food while our award winning bartenders pour their signature spirits.



54 Family Golf Outing

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The course's over 200 acres of pristine grass were woven into the Kukui'ula landscape by golf legend and designer Tom Weiskopf, and this green canvas draws golfers of every skill level, offering challenges and truly lasting memories for players of all ages.

DETAILS

Spend quality family time outdoors, on the course, with an afternoon of 'Ohana Golf. Junior sized clubs are available for little ones as young as 3, and players of all ages and abilities will enjoy a round of friendly competition.

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55

Member-Member Tournament

Member's team up together for this fun and challenging 54 Hole team event. Scheduled for November 11th through 13th, 2021, this tournament features both Men's and Women's Divisions and invites golfers of all levels to participate!

ANNUAL



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57

Member-Guest Invitational

Members and Guests team up to challenge each other during this Men's and Women's Divisions in this 54 Hole team event. Typically held in December, this year's Member-Guest Invitational will be held July 7th through 10th and will culminate in a drive-in movie night with food trucks, and everyone's very favorite, Glow Golf.

ANNUAL

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56

Club Championship

Typically held in April, this Gross and Net Divisions 36 Hole Stroke Play Event is held annually to crown the Club's Champion Golfer of the Year.

ANNUAL

GOLF

To Book: 808.742.3038
Members: memberservices@kukuiula.com
Guests: guestservices@kukuiula.com

GOLF CLUBHOUSE

TUESDAY – SUNDAY, 8AM – 8PM

GOLF LOCKER ROOMS

MONDAY, 7:30AM – 5PM
TUESDAY – SUNDAY, 7:30AM – 9PM

DRIVING RANGE

TUESDAY – SUNDAY, 7:00AM – 6PM

FIRST TEE TIME

GOLF MEMBERS

MONDAY, 7:30AM – 11PM
TUESDAY – SUNDAY, 7:30AM

PLANTATION MEMBERS & LODGE GUESTS

TUESDAY – FRIDAY, 12:40PM
SATURDAY – SUNDAY, 11:40PM

Tom Weiskopf designed the spectacular 18-hole golf course that Golf Digest called “One of the Best Courses in Hawai‘i.” The course winds through 216 acres of undulating terrain, orchards, gardens and native landscape. Weiskopf’s artistic bunkering filled with brilliant white sand contrasts with the meticulously manicured fairways, creating one of the most impressive visual layouts in the state.

Among members, the challenging 14th hole, sometimes described as “a quintessential Weiskopf par 4,” has become legendary—and not just because of its dramatic ocean views, occasionally populated by spinner dolphins and humpback whales.

THE GOLF CLUBHOUSE

The Golf Clubhouse includes a pro shop, lounges and locker rooms. The practice facility includes two practice greens. Once on the course, players have their choice to ride in a golf cart or surf the turf on a golf board.

In addition, we offer exciting year-round events, from tournaments and clinics, to individual practice opportunities with our golf professionals.

CLINICS

Clinics are complimentary for Golf Members and ‘Ohana. Plantation Members & Lodge Guests \$40.

Our Golf Pros offer a variety of small-group clinics for players of all ages and skill levels. Clinic offerings vary by week, please check the Weekly Club Calendar for the most up-to-date schedule





CULTURE

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58

Sunrise Ceremony

In Hawaiian Culture, there are many beautiful traditions and customs that inspire our own traditions here at Kukui'ula. One such practice is our Ke Alaula Sunrise Ceremony. A profoundly moving experience, participants begin the month anew after chanting up the first sunrise of the month on a bluff overlooking the ocean.



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59

Makahiki Festival

In ancient Hawai'i, Makahiki was a time of peace when farmers concluded their final harvests, villagers honed their skills and trades, and warriors engaged in games and sports. Offerings were made to the god Lono (the god of fertility and peace), and celebrations for the bountiful year included feasting and dancing.

DETAILS

Each winter guests are invited to join us at Kukui'ula Harbor at 6:30 am for the ceremony of the return of Lonoikamakahiki and the start of our Makahiki Festival. Afterward, a procession back to Kukui'ula will take place, followed by a full day of Makahiki games such as Konane (Hawaiian checkers), Haka Moe, Spear Throwing and Huki Huki (Tug-o-war), activities such as Hōlua (slip n' slide) and an Outrigger Canoe race, and special food entertainment.

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62

May Day Lei Day



May 1st in Hawai'i is "Lei Day," an official holiday that began in 1929 that captures the spirit of the islands and celebrates the tradition of making, giving and receiving of lei. The creation of a lei is so much more than simply stringing flowers together; a lei maker gathers flowers and foliage in pule (prayer) with mahalo for the elements that nurtured the plants that brought forth the materials that will be woven or strung into expressions of aloha.

For generations we have made and given lei as a greeting, for celebrations, or to simply express aloha. Show your Lei Day Spirit! Make Lei. Give Lei. Wear Lei on May 1st!

DETAILS

In early May, Members and Guests are invited to participate in our annual lei contest, held in honor of May Day. Lei of all kinds and colors are submitted to be judged by master lei makers, and then auctioned off to wear and enjoy.

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60

Sunset Ceremony

Participate in one of Kukui'ula's beloved traditions, known to Members and Guests as the Ke Alaula Sunset Ceremony. On the last day of each month we invite you to gather with us to say aloha to the sun on the Great Lawn at The Clubhouse and prepare to welcome a new month ahead.

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61

Hinamatsuri Celebration

An annual Japanese custom of honoring one's ancestors, Obon festivals are a favorite summer island tradition which includes dancing, music, food, fellowship and fun.

MARCH 3



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63

Aloha Friday Lei Making

Join talented lei maker Elvrine Chow to create a lei po’o, or head lei, in the wili style of lei making. A relaxing afternoon activity after a day of adventure, your beautiful lei po’o will be the perfect accessory for an evening out.

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64

Queen Emma Celebration

Queen Emma, who once walked the bluffs of Kula Makai found comfort and respite on Kaua’i in her humble cottage. In 1905 the cottage was carefully lowered to the gardens below and now rests amongst the palms of Lāwa’i Kai. Passionate about horticulture, Queen Emma created a garden with pikake (her favorite flower), ti, banana, sugarcane, taro, pia and white spider lily, which remain along the Lāwa’i Kai cliffside as a lasting legacy.

Each year during the second week in October, Members and Guests are invited to join us in honoring Queen Emma with a special celebration including hula performances, Hawaiian music, a special offering to the memory of Queen Emma that reminds us of the rich cultural ties we have to our island home.

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65

Nā Mea Hawai’i

An offering of all things Hawai’i. Weekly classes, special events and workshops celebrate the island traditions and cultures. Hands on crafting projects such as weaving, making bark cloth, shell crafts, quilting and Hawaiian stamping. Storytelling sessions in ‘Ōlelo Hawaiian (language) and through Oli (chant) and hula. Celebrations of Girls & Boy’s Day, Matsuri, Plantation Days, Malasada Day and more.

WHEN
WEDNESDAYS, 10:30 A.M. - 11:30 A.M.

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66

Talk Story

Talk Story is an art form that predates written language in Hawai’i, used to preserve and transmit important narratives. In its pure form, it encompasses the traditions of hula, chant and song. The custom also takes the form of conversing at gatherings, an opportunity to share, learn and build relationships. We hope you’ll join us for this insightful line-up of guests.

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67

Prince Kuhio Celebration

Each year, during the 3rd week in March, we honor and celebrate Prince Jonah Kūhiō Kalanianaʻole Piʻikoi who was born March 26, 1871 at Hōʻai (Prince Kūhiō Park) in Poʻipū, adjacent to Kukuiʻula’s Kaulu neighborhood. The great grandson of King Kaumualiʻi, the last king of Kauaʻi, Prince Kūhiō was an all-around athlete; an oarsman, football player, avid in polo, surfing, spear fishing, golf, track, and martial arts. After the overthrow of the Hawaiian Kingdom, Kūhiō advocated for his people by serving as an elected Congressman between 1902 until his death in 1922.

Join us as we pay tribute to Kaua’i’s beloved “Ke Ali’i Maka`ainānā”, the “Citizen Prince” through mele (song), hula, Hawaiian music and more.



THE SPA

68

Signature Wet Ritual



Kukui'ula's signature Wet Ritual is an invigorating and rejuvenating experience that includes the dry sauna, cold deluge shower and wet steam with our signature scrub, culminating in dips between the hot tub and cold plunge. Our Members and Guests swear that it's the best anecdote for jet lag, as well as an effective recovery tool for intense workouts.

DETAILS

Self-guided Water Ritual

Tue – Sun | without reservations: 8 am – 10 am & 4 pm - 6 pm
Tue – Sun | with reservation: 10:00 am - 4:00 pm

SELF-GUIDED WATER RITUAL

COMPLIMENTARY FOR MEMBERS AND FOR GUESTS RECEIVING A TREATMENT OR WITH A SPA DAY PASS.

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69

Aromatherapy Massage

Aromatherapy utilizes essential oils that are the primal part a plant. The healing energy of the oils helps to invigorate your senses. Your therapist can tailor the aromatherapy to meet your needs. Aromatherapy can also be added to any massage or body treatment.

DURATION

60/90/120 MIN

71

Kaua'i Coffee Slimming Therapy

Begin with an effleurage of warm coconut oil and vanilla extract, Kauai's local Coffee grounds are mixed with organic brown sugar to create a scrub that not only fights rough texture and dull skin tone, but combats cellulite and water retention to slim and firm. As you are wrapped in heat and given a scalp and neck massage that will transport you into renewal. Completed with a full body massage in espresso and lemon oil help to further promote detoxification, fat loss, and total body relaxation.

DURATION

120 MIN

70

CBD Massage

The healing properties of an organic Full Spectrum CBD oil with anti-inflammatory herb-infused oils will create deep relaxation. This massage blends wild botanicals and a signature treatment which will help soothe achy muscles and joints and supports a faster recovery from exercise, sports or other physical exertion.

DURATION

120 MIN

72

Deep Relax CBD Polish & Body Massage

A Luxurious body polish with fine mineral salt diffused with shea butter will smooth and soften the skin leaving a glowing luster before your full body CBD infused massage. An application of Pure CBD oil will be applied to sore muscles or areas of inflammation. CBD is primarily an anti-inflammatory and is great to fight the impact of arthritis while soothing muscles and joints. Your massage will be customized with a signature CBD Massage oil infused with rosemary to warm the muscles, eucalyptus to open the respiratory system, and a signature 'awapuhi (ginger) muscle relaxant to create a deep state of relaxation and hydration.

DURATION

120 MIN

73 Lomi Lomi Massage

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Traditional Hawaiian massage passed down through the ages. Lomi lomi provides rhythmic massage that increases a sense of relaxation. This soothing massage increases circulation and alleviates stress leaving you with a sense of peace and relaxation.

DETAILS

All treatments offered at Hi'ilani Spa are customized for each individual.

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74

Hot Stone Massage

This deep tissue massage utilizes traditional smooth river stones along the meridians to relieve chronic pain in the body and pure relaxation to the senses. This treatment helps to loosen muscles, increase healing blood flow, and provide deep hydration

DURATION
90 OR 120 MIN



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75

Himalayan Salt Stone Massage

Himalayan salt stones, formed by 84 essential minerals, are heated to produce negative ions to create a sense of deep relaxation. The stones are massaged over meridians to melt fascia and provide deep muscle release, soothing the accumulation of stress and tension in the joints. The sea salt will moisturize and plump the skin while providing an alkaline detox for the body to help improve sleep.

DURATION
120 MIN

PLACE
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76

Hydrotherapy Massage

Spend an hour in the weightless environment of the hydrotherapy tub, and receive an underwater deep tissue, and lymphatic type massage. Enhance the experience with a Chroma-therapy treatment created by LED lights to soothe the mind while the body relaxes. Benefits include and treat sports injury, reduces cellulite, increases blood circulation, and chronic pain. The treatments concludes with a 30 minute massage, which can be upgraded to a 60 or 90 minute massage. Please wear a swimsuit for this service.

DURATION
90/120 MIN

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77

Deep Tissue Massage

Deep tissue massage integrates slower strokes a firmer pressure, helping to eliminate muscular tension, release tightness and reduce muscle pain. Your therapists will intertwine ancient techniques used on ancient Hawaiian warriors with modern knowledge of the body and structural work.

DURATION
60/90/120 MIN

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78

Custom Massage

Hi'ilani Spa encourages guests to book a length of time rather than a specific treatment, so that services can be tailor-made to meet individual needs. The custom treatment is your creation from our in-depth menu of healing services. A minimum of 90 minutes is necessary for any custom treatment.

DURATION
60 MIN

PLACE
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79

Thai Massage

A traditional eastern healing art that utilizes the body's meridians and energy lines while combining massage and stretches. Relax as a combination of gentle rocking motions, rhythmic acupressure and assisted stretching serve to revitalize the body and mind. Benefits include increased flexibility, relief of joint and muscle tension and a balance of the body's energy system. Loose clothing is suggested and can be provided as you remain fully dressed for this treatment.

DURATION

60/90/120 MIN

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81

Hāpai Massage

A luxurious and relaxing massage for moms to be. This treatment can be customized for all stages of pregnancy and is sure to provide the rest and relaxation that every mom deserves.

DURATION

60/90/120 MIN

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82

Four-Handed Massage

Four hands work in perfect unison in a remarkable experience that inspires a harmony of the senses. The treatment concludes with a simultaneous head and foot massage leaving the mind uplifted, the body energized and the skin exotically fragrant.

DURATION

60/90/120 MIN

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80

Kōloa Rum Ritual

We evoke the Spirit of Aloha by combining warm Kōloa Rum with pure sugar cane for an intoxicating full body scrub. The Glycolic acid in the sugar assist in smoothing the skin while the rum invigorates the senses and encourages fresh blood circulation. A massage in Garnet oil infused with Ginger, Turmeric, and Licorice root encourages deep muscular relaxation and nervous system calming. Kaua'i White Rum is massaged into the temples to clear negative energy before a Chai Soy Mud Mask is applied to the face to remove toxins and impurities.

DURATION

60 MIN



PLACE
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83

Tropical Glow

Begin with a tropical papaya pineapple body polish to exfoliate, brighten, and hydrate. A mini super fruit facial rejuvenates the skin and assists in fighting premature aging followed by a full body massage with wild crafted oils containing rose, citrus and bergamot.

DURATION

120 MIN

PLACE
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84

Exfoliating Scrub

Papaya Pineapple and Brown Sugar combined with Bamboo or Sweet Mandarin and Walnut will Buff your cares and dry skin away with a creamy, tropical scrub. Bioflavonoid-rich grape seeds and sustainable bamboo gently infuse and exfoliate your body, leaving your skin revived and smooth.

PLACE
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86

Island Sun Recovery

Local Hemp salve full of antioxidants is combined with Island Noni and Aloe Vera from the Kuku'i'ula Farm to plump, firm and heal the body with long lasting moisture, and induce deep hydrations. This body mask is great for sun damaged skin, layered with a hydrating Mineral mask that will soothe and rejuvenate.

DURATION

60 MIN

PLACE
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85

Mineral Shea Butter and Sea Salt Scrub

This moisturizing body scrub is blend of unrefined shea butter from Ghana, Africa, shea oil, extra fine mineral salt crystals, and purifying essential oils of lavender, rosemary and peppermint. This blend helps smooth and refine the appearance of your skin's texture while the moisturizing shea butter gives your skin the feel and appearance satiny-soft skin.

DURATION

30/60/90 MIN

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87

Volcanic Renewal - Detoxifying Scrub + Masque + Massage

Restore serenity and balance with this indulgent and deeply effective immersion into replenishing the body inspired by the Volcano. Body polish containing Volcanic Rock particles and Bora Bora Sand slough away dry skin before a warm cleanse, clears the past. A purifying Volcanic clay mask will be applied to revitalize the face reawakening the pleasure of your skin's liberation. An intentional full body Massage with and plant botanical infused Body Oil that will relax the nervous system and calm anxieties inducing deep renewal.

DURATION

30/60/90 MIN



PLACE
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92

Massage and Cupping

Cupping (glass or bamboo cups to create a vacuum in order to increase warmth and circulation), powerfully moves stagnant blood out of a painful area allowing fresh oxygenated blood in its place and can boost the effects your next massage.

PLACE
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93

Reiki (Energy Medicine)

A unique, healing therapy, Reiki restores the body to equilibrium through the transfer of beneficial energy. Treatment can be localized to the site of a specific ailment or conducted across the body. You will enjoy feelings of warmth and comfort and may very well find yourself in a deep state of relaxation.

PLACE
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94

Cosmetic Acupuncture

Cosmetic acupuncture treatment focuses only on the face, focusing on specific points to enhance beauty and preserve a youthful appearance as it's been done for centuries in China and other Asian countries. Treatments range from a single treatment to an extended series of visits, each stimulating the body's natural process to rebuild collagen, resulting in a dramatic improvement around the eye area with extended treatments.

Gua sha is a healing technique of traditional East Asian medicine. Sometimes called 'coining, spooning or scraping', Gua sha is defined as instrument-assisted unidirectional press-stroking of a lubricated area of the body surface to intentionally create transitory therapeutic petechiae called 'sha' representing extravasation of blood in the subcutis.

Modern research shows Gua sha produces an anti-inflammatory and immune protective effect that persists for days following a single Gua sha treatment. This accounts for its effect on pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc., and why Gua sha is effective in acute and chronic internal organ disorders including liver inflammation in hepatitis.

The technique is useful in any licensed therapeutic practice and of particular interest to acupuncturists, massage therapists, physical therapists, physicians and nurses who work directly with patients.



PLACE
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88

Acupuncture for Pain Relief

There's 5000 years of power behind this pain-relieving technique. Acupuncture is a time-tested tool that reduces pain and increases function, no matter what ails you. Pinpoint and effectively treat chronic or acute pain, sports injuries, sciatica, migraines, and more.

PLACE
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89

Acupuncture for Stress Reduction

Stress debilitates the mind and body and diminishes our ability to thrive and be well. Get to the point with acupuncture and reduce stress, strengthen immunity, calm the spirit, and enhance your ability to prosper in a sometimes-stressful world.

PLACE
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90

Acu-organ Detox

Acupuncture meets abdominal massage for incredibly cleansing, detoxifying results. Begin your therapy with a tailored acupuncture session targeting the digestive system, then relax with a hot oil abdominal massage. Toxins are released and organ function enhanced. You will feel lighter and energized throughout the day.

PLACE
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91

Acupuncture Massage

Two supremely restorative practices join forces to rebalance mind and body alike. Acupuncture points are chosen based on your specific needs. Needling is followed by a relaxing massage that boosts the results of the acupuncture. This therapy offers a great option for those looking to both improve wellbeing while enjoying real relaxation.



PLACE
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95

Custom Facial

After evaluation of the skin, the specialist will recommend a treatment designed to provide skin healing and correction. All facials include a neck, shoulder and hand massage. Foot massage included with 90-minute facial.

DURATION
60/90/120 MIN

PLACE
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96

Microderm Hand Treatment

Great for sun damage and fine lines, this enhancement includes a microdermabrasion hand scrub followed by a moisturizing hand and arm massage.

PLACE
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97

Balancing Scalp Treatment

The perfect end to any of our treatments, this scalp massage utilizes an infusion of essential oils, argan oil and hot towels throughout this treatment enhancement.

PLACE
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98

Soothe and Restore Facial

Start with a personalized assessment of your skin care needs and then relax in to a soothing, hypoallergenic facial treatment designed to provide optimal healing for sensitive or rosacea-prone skin.

PLACE
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99

Red Light Therapy

Rejuvenating for the skin, Red Light Therapy boosts cellular turnover and promotes collagen growth.

PLACE
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101

Brightening Facial

Using a combination of plant extracts comprising of Narcissus, Wild Blue Lotus and seven Swiss Mountain herbs, the skin is left with a radiant glow and will look and feel noticeably younger. This facial will help to prevent and correct discoloration, age spots, acne scars and uneven skin tone.

PLACE
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103

Men's Facial

Designed to help calm the effects of sun, sports, shaving, and surface wrinkles. Includes deep cleansing, exfoliation, extractions if needed, and a customized mask. Foot massage included with 90-minute facial.

DURATION
60/90 MIN

PLACE
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105

Clarifying Facial

Addresses the main areas of concern for inflammation, blemishes and congested skin types.

PLACE
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100

Blue Light Therapy

Great for blemish or inflamed-prone skin, Blue Light Therapy is targets to assist with killing bacteria.

PLACE
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102

Anti-Aging Facial

A combination of the latest in anti-ag-ing skin care products and massage techniques, our anti-aging facial will result in visibly smoother and firmer skin. Microdermabrasion allows antioxidants and enzymes to exfoliate the skin, dissolving impurities and dead skin cells which refine the skin's texture, soften wrinkles and even-out skin tone. A relaxing face, neck

DURATION
90/120 MIN

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104

Honua Lomilomi Facial

This 90-minute facial will take you on a sensory journey, using Hawaiian ingredients sourced from the mountains to the ocean. Enjoy a Pa'akai (Hawaiian salt) cleanse to deeply purify the skin, followed with a gentle papaya and hibiscus exfoliation. This deluxe treatment spoils your skin with a signature mask infused with nourishing and brightening botanicals, including 'Olena (turmeric), Noni, and Kalo (taro). Designed to brighten and revitalize sun-kissed skin, this treatment also pulls Limu Ko'a (Hawaiian Spirulina), Kaua'i Pa'akai (local Hawaiian Salt) and Laukahi together for a repairing facial. Your journey ends with a Hawaiian Lomilomi facial massage, leaving your skin with the signature "Honua Glow."

DURATION
60/90 MIN



PLACE
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106

Hi'ilani Manicure

Cuticles are groomed and conditioned using a nutrient dense oil blend as you rest your hand on a heated Sea Salt Dome. Next, your hands are exfoliated, a treatment that will slough and brighten your skin, preparing it for the ultimate massage which will leave your skin silky soft before a lacquer application.

PLACE
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108

Waxing Services

Face and Body waxing services are available including chest, back, underarms and bikini.

DURATION
90/120 MIN

PLACE
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107

Hi'ilani Pedicure

Nails are treated like works of art as they are cleaned, trimmed and filed before a nourishing shea butter massage is given. A pressure point reflexology with warm sea salt stones will provide deep healing for sinus relief and activate circulation before a pop of color with your lacquer application.

PLACE
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109

Rose Indulgence

Begin with a skin smoothing Rosemary Sage Body Scrub layered with a Wild Crafted Lavender infused Shea Butter Mask, followed by a full body Massage that will quench your skin with French Lavender and Macadamia Nut cream. Finally, Bulgarian Rose Serum is massaged into the skin, soothing inflammation, decreasing hyperpigmentation and restoring moisture and elasticity to your glowing skin.

DURATION
60/90/120 MIN

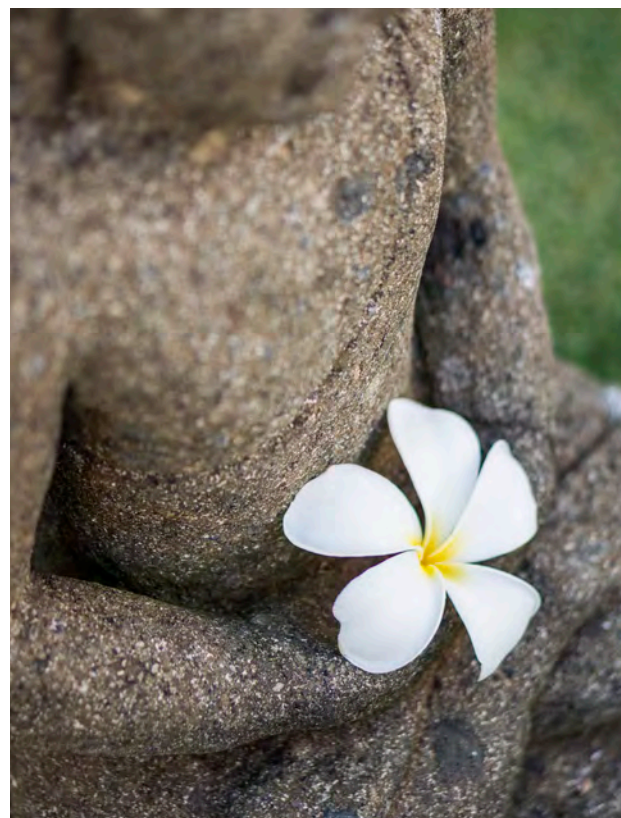
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110

Detoxifying Scrub + Masque + Massage

Have an invigorating exfoliation that will fully cleanse your skin. Next, our mineral clay mask purifies and replenishes the skin. This product strongly detoxifies the body. This treatment ends with a 30, 60 or 90 minute massage.

DURATION
60/90/120 MIN



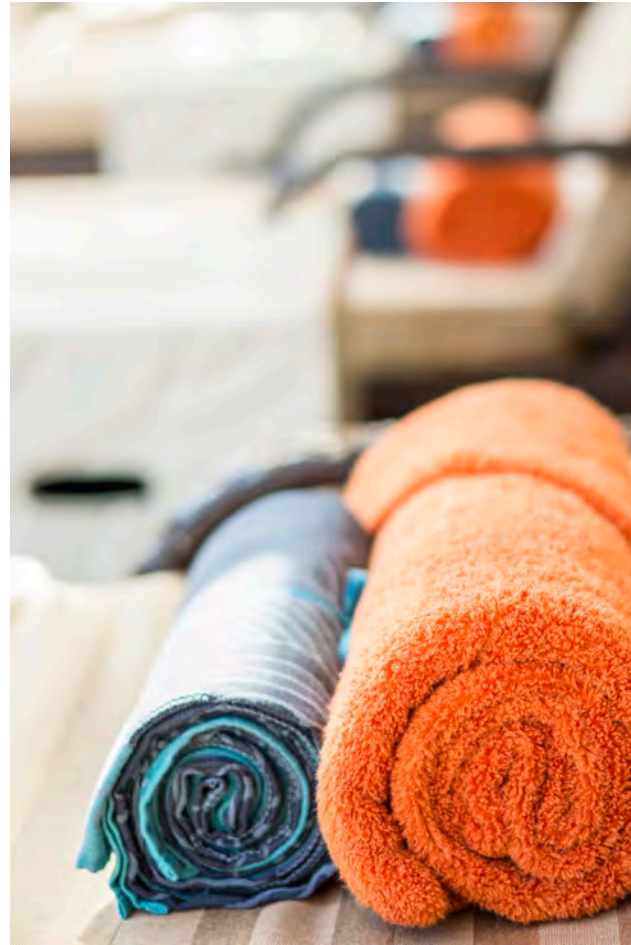
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111

Shiatsu Massage

Shiatsu is an ancient Japanese treatment designed to establish a healthy state of balance that treats the mind, body and spirit. Pressure is combined with gentle manipulation to alleviate tension, enhance the body's natural healing ability, eliminate fatigue and promote general good health. Loose clothing is suggested and can be provided as you remain fully dressed for this treatment.

DURATION
90/120 MIN



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112

Reflexology Massage

Based on an ancient therapeutic method of relieving pain by stimulating pressure points on the feet and hands, this technique calms the body's nervous system and helps to alleviate discomfort at its source.

DURATION
60/90/120 MIN



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113

Hand & Foot Treatment

Rejuvenate your arms and legs with a treatment tailored to complete recovery. A full facial for the hands and feet. Includes cleansing scrub, pumice exfoliation of callus, masque of calves and feet and arms. A neck and shoulder massage with hot towel removal of masque completed with a foot massage.

DURATION
60/90/120 MIN





LIVING WELL

All aspects of life on Kaua'i and at Kukui'ula are the embodiment of living well. Here, the culture and traditions of Hawai'i are inextricably linked to the land and the sea, inspiring us, no matter what we do, to maintain an authentic connection to nature.

At Kukui'ula, wellness is found in moments of peaceful meditation, a great game of golf, an invigorating swim with the turtles in the warm Pacific Ocean, or a tantalizing meal prepared with fresh ingredients from our Farm. We invite you to experience the everyday joy of living well here at Kukui'ula through our formal wellness offerings or simply through everyday life on the island.

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114

Kukui'ula Cleanse

Created with locally sourced ingredients to bring a unique balance of nourishment and detoxification. This program includes individual consultation, Ayurvedic wellness materials, signature spa therapies, detoxifying yoga classes and chef prepared meals, smoothies and soups.

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116

Sound Healing

Vibrational Sound healing sessions offer a deeply relaxing therapy without any effort. The practitioner will play various singing bowl notes that work to ignite, clear and soothe the metaphysical chakras while bringing the nervous system to balance.

DURATION
90/120 MIN

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115

Buddha Garden Meditation

Guided meditation awaits you in The Buddha Garden. Surrounded by nature, you'll drop into your breath and body and create a mental reset that will last for days.

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117

Ayurveda Workshops & Consultation

The oldest healing science of the world is found in Ayurveda and can easily be integrated into your daily life through our signature Ayurveda workshops, or more deeply integrated as a wellness practice with a private consultation with our Ayurvedic Master.

DURATION
60/90/120 MIN

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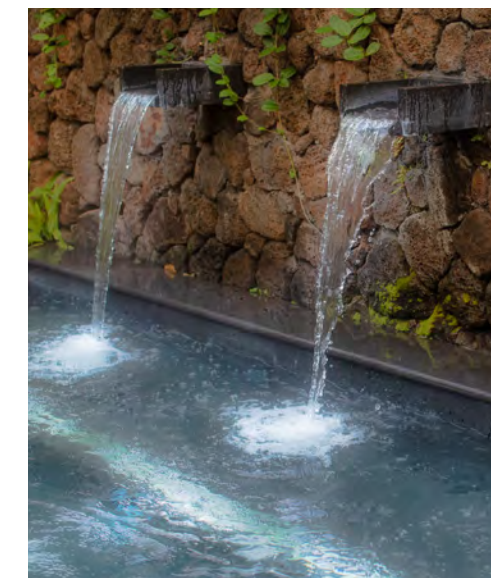
118

Reiki

Open your energy channels and harmonize your chakras through a Reiki session with one of our level 3 practitioners who will leave you feeling deeply calm with a noticeable decrease in anxiety.

DURATION
60/90/120 MIN





HI'ILANI SPA

To Book: 808.742.8000
Members: memberservices@kukuiula.com
Guests: guestservices@kukuiula.com

Spa Hours
Tuesday - Sunday, 8:00 a.m. - 6:00 p.m.
Spa Therapies, 10:00 a.m. - 5:30 p.m.
Access to the Hi'ilani Spa facilities is complimentary with a treatment or is available to Member's Guests* and Lodge Guests* for \$45 per day.
**Member discount applies for Member's Guests.*

Serenity dwells within the lava rock walls surrounding the state-of-the-art spa and fitness complex.

Lush meditation gardens and a secluded adult lap pool anchor Kukui'ula's extensive wellness complex. Garden botanicals grown on-site make their way into treatments and tonics, with fresh-pressed juices served poolside. In addition to massage, acupuncture and aesthetician services, The Spa features private lounges and locker rooms with outdoor showers, steam and sauna rooms, and hot and cold plunge pools.

LOCKER ROOMS

- Extensive selection of exceptional hair, body and facial products
- Indoor-outdoor showers and vanities
- Steam, sauna, cold plunge and hot tub
- Private indoor and outdoor lounge areas for men and women



DINING

EATING WELL

Reservations: 808.742.8000

Sustainability, seasonality, locally sourced ingredients, and inspiration from our island home is what sets Kukui'ula's culinary offerings apart. It's easy to eat well when you live in an agrihood that offers 10 acres of organically farmed produce where our Members, Guests and Chefs alike can pick their own fresh flowers, pluck tropical fruits, and gather seasonal herbs, greens, and vegetables for their kitchens. Our talented Chefs strive to use every part of what's harvested, pickling or preserving whatever doesn't end up on the plate. Deeply rooted partnerships with local ranchers and fisherman provide the freshest and highest-grade proteins available, making the saying "farm-to-fork, ocean-to-table" our everyday standard. Our Chef's Pantry invites our Member & Guests to cook with the same ingredients our world class Chefs use with a weekly menu of fresh items to order from our Island Hosts.



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119

Private Dinner in the Dining Hale



Gather with your closest friends and family for an intimate dining experience surrounded by lush tropical foliage and with sweeping views out to the Pacific Ocean. Enjoy a custom menu cooked table-side by Chef Ben, or served family-style from the kitchen. Sip expertly paired libations chosen by our in-house sommelier while a personal musical trio plays in the background. The firepit is a favorite after-dinner spot to relax underneath a blanket of stars.



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123

'Umeke Kitchen + Bar Dining

'Umeke Kitchen + Bar is located inside the Clubhouse with stunning views over the Great Lawn down to Kukui'ula Harbor and Spouting Horn. Working with The Farm, local fishermen, ranchers and purveyors, Executive Chef Ben Takahashi prepares a farm-to-fork, ocean-to-table menu with a 'Kaua'i elevated' approach to Hawaiian regional cuisine.

For sunset pau hana or a light, casual dinner, choose from a selection of our favorite pupus to enjoy in the living room or at the firepit.

The dinner menu places an emphasis on different culinary fare throughout the week, including ocean-to-table, family-style menus and premium proteins making each dinner an opportunity to explore the finest island fare.

Complete each meal with the perfect pairing from our curated selection of wine including our private label offerings, craft cocktails made with ingredients grown on property, locally made liquors and beer, or our signature iced tea and refreshing non-alcoholic mocktails.

Special pre-prepared meal kits and pantry items are available to-go to make preparing meals at home simple and delicious.

HOURS

BREAKFAST
TUESDAY - SUNDAY | 8 AM - 11 AM

DINNER
TUESDAY - SATURDAY | 5 PM - 8 PM*
* LAST SEATING AT 8:00 P.M.

TO-GO & DELIVERY:
TUESDAY - SUNDAY
BREAKFAST | 8:00 AM - 11:00 AM
DINNER | 5:30 PM - 8:00 PM

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120

Custom Picnic Curated with Beverage Pairings

Take the culinary delights of Kukui'ula with you wherever you go, whether it's a far-flung adventure to the North Shore or Koke'e, for a south shore beach day, or simply a stroll up to the Farm. Picnic baskets are customized with all of Kukui'ula's signature offerings, including refreshing island cocktails.

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121

Omakase Dinner

Go on a culinary journey with Chef Ben Takahashi as he crafts a memorable 14-course tasting menu table side in our Private Dining Hale at 'Umeke Kitchen + Bar. In Japanese, Omakase means "to entrust," and the menu, rooted in Japanese cooking, is inspired by Chef Ben's culinary journey - from cooking with his grandmother as a child to his formal French training with James Beard award-winning chefs. Seasonal ingredients are sourced from our Farm, local fishermen and ranchers, with specialty items flown in from Japan each week. A flight of Japanese sakes and the sunset over the ocean completes the evening. Limited to 8 guests, reservations required. Available for private groups at this time.

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122

Chef's Table Dinner

Each week a new and inspired, four-course tasting menu is presented to an intimate group of 12 diners in the Private Dining Hale at 'Umeke Kitchen + Bar. The produce from our Farm shines at these dinners and is paired with local ingredients such as fish caught that day on the Mahealani, or Makaweli beef that has been aged to perfection just for Kukui'ula. Our sommelier pairs each course with the perfect libation, and, on occasion, a visiting wine maker shares specialty vintages found nowhere else on Kaua'i. Limited to 12 guests, reservations required. Available for private groups at this time.

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124

Chop + Stix Dinner

On Friday nights the culinary offerings transform to feature premium proteins from beef to fish with 45 to 60-day dry aged Tomahawk Steaks and bone-in rib eye and strip loin steaks, paired with sashimi, tempura, and hand-rolled sushi. The traditional menu is also available. Reservations are encouraged, especially for our culinary experiences.

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125 Makai Grill + Bar Poolside Dining



Have a leisurely lunch in the shade at the Makai Grill + Bar or poolside. Enjoy poke bowls, salads, sandwiches and other no-fuss dishes made with produce from The Farm. Spa and golf delivery are also available. On Sunday evenings, gather your family and friends for poolside Sunday Grilling. A menu of family-style favorites, and a view of the Pacific as the sun sets makes for the perfect finale to the weekend. Reservations highly recommended.

DETAILS

LUNCH, SNACK AND BAR SERVICE
TUESDAY-SUNDAY | 11 AM - 4:30 PM

KEIKI SHAVE ICE HAPPY HOUR
SATURDAY & SUNDAY | 12:30 PM - 1:30 PM

ENJOY A SAVORY OR SWEET SNACK
POOLSIDE AT THE MAKAI GRILL + BAR

COCKTAILS UNTIL SUNSET

TREAT30
EVERYDAY | 3:30 P.M.

SUNDAY NIGHT GRILLING*
SUNDAY | 5 PM - 8 PM

* LAST SEATING/ORDER AT 8 PM

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126

Private Event

We offer a limited number of exclusive, private events to be held at Kukui'ula. For more information about options and availability, please contact our Island Hosts at 808.742.8000 or via email at:

EMAIL

MEMBERS
MEMBERSERVICES@KUKUIULA.COM

GUESTS
GUESTSERVICES@KUKUIULA.COM



NEW OFFERINGS

Experience the Farm in new and exciting ways through new program offerings such as Morning Harvest where you'll create your own Farm Basket, floral design classes, Farm-to Fork Farm tour and pupu tasting, and keiki Farm fun days. Keep an eye out for this special programming in the weekly calendar, or contact our Island Hosts for a custom Farm experience.

The Farm is closed on Wednesday at 3 p.m. and Sunday at 2 p.m. for scheduled treatments. It will reopen at 7:30 a.m. the following day.

FRESH PRODUCE

There are no rules, really. Pick your own organic produce for dinner salads or your morning breakfast, or ask a member of The Farm team for help. Get a gardening lesson, lend a hand during harvest or just relax under the shade canopies.

FARM DINNERS & EVENTS

To taste Chef Ben's farm-to-fork fare served under the stars is to savor the essence of Kaua'i. The Club at Kukui'ula hosts Farm Dinners throughout the year. Private events such as weddings, dinners and private cooking lessons can be hosted at The Farm as well.

MORE EDIBLES & WHERE TO FIND THEM

Enjoy the Kahālāwai Orchard, which features citrus, avocados and papayas to name a few. Outside the Clubhouse, near the Huaka'i Outfitters shop, you'll find a self-serve produce stand stocked with farm-fresh produce. Herbs and spices grow in abundance in our Spa Garden located behind the spa, along the path to the Club Villas.

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127

The Farm

Walk, hike or bike upcountry to The Farm, the 10-acre wonderland where you can pick your own fresh flowers, pluck tropical fruits and citrus or gather seasonal herbs, greens and vegetables for your kitchen. The Farm team is available to help, whether with harvesting, offering gardening advice, or sharing some of their favorite ways to prepare what's in season. En route to The Farm, there are views of some of Kukui'ula's most pristine land, and chances to spot birds and wildlife, such as the Nēnē, the beloved native goose that is the state bird of Hawai'i.

Relax in the shade of the towering earpod tree, or hike around the upcountry lake. Eat a mango right off the tree and pluck passion fruit from the vine. At The Farm, you can settle into a bygone rhythm and head home with baskets of fresh fruits, veggies and flowers you've gathered yourself.

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128

Farm Dinner

Dine alfresco at the freshest farm-to-table experience on Kaua'i. Enjoy a serene, sunset cocktail followed by seasonal specialties created by our culinary team and guest chefs. Fun for the whole family and an indulgence for the senses. Held throughout the year, each Farm dinner is uniquely different and not to be missed.



FITNESS

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129

Hi'ilani Personal Training

Private fitness training sessions are available upon request for a fee. Please contact The Spa Boutique for availability and rates.



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130

Aqua Boot Camp

Taking Power Aqua to a new level, a combination of fast-moving cardio and strength movements deliver a full-body workout.

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132

Aqua Tabata

This class adapts the Tabata protocol to water fitness (20 seconds intense work/10 seconds rest for 8 total repetitions = one set of Tabata's).

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134

Barre

Achieve long and lean muscle tone with an effective total body workout focused on low impact movements that lift and tone muscles and improve strength, agility and flexibility.

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131

Aqua Interval Cardio + Strength

Alternating intervals of high intensity cardio moves and strength building resistance using tubing, aqua dumbbells, noodles and more.

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133

Pilates with Props

Utilizing foam rollers, pilates ring, resistance bands and balls to access deep muscular work engaging the core while providing stability work to strengthen the posterior chain.

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135

Yoga Strength

A full-body workout that incorporates yoga practice with bodyweight and strength exercises to work every muscle group. Moderate to intense fitness level required.

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136

H.I.I.T (High Intensity Interval Training)

Cardiovascular interval training that alternates short periods of intense anaerobic exercise with less intense recovery periods. This class may include weights and other equipment for a full body workout with a concentration on cardio.



PERSONAL TRAINING

- One-on-One Personal Training 1 hour
- Semi-Private Personal Training 1 hour (2-4 people)
- Private Yoga Class (1-8 people)
- Private Pilates Session (1-2 people)
- Private Swim Lesson 30 min
- Semi-Private Swim Lesson 30 min (1-2 people)
- Private Group Swim Instruction 30 min
- Private Swim Lesson 60 min
- Semi-Private Swim Lesson 60 min (1-2 people)
- Private Group Swim Instruction 60 min
- Customized Fitness Pricing Available Please inquire with Hi'ilani Spa Host.



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137

Core + Glutes Activation

A class focusing on all things legs and abs. Must be able to squat and lunge. Easily modified for all fitness levels.

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138

Full-Body Strength

This self-treatment technique helps alleviate chronic pain through a series of precise movements, designed to rebalance the nervous system regulators and boost natural healing and repair mechanisms.

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139

Upper Body Strength

Concentrate on strengthening the back, shoulders, biceps and triceps in a class that will include core activation and various weights and circuit props.

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140

Pilates

Rooted in classical Pilates, this class will integrate the core principles to strengthen the midline and support the back while integrating isolation and flexibility techniques.

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141

Lower Body Strength

Build a stronger base with a concentration on glutes, quads and calves with a class that will include core activation and various weights and circuit props.

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142

Deep Water Workout

A full body workout with zero impact on the joints, this class includes cardio, core and strength as you will be challenged and suspended with a belt in the deep end of the Makai Pool.

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143

Super Soul

Get inspired you to perspire and sweat out your soul with a workout paired with motivational conversation and meditation.

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145

Strength, Balance & Agility

A full-body workout incorporating equipment that improves body awareness, alignment and strength. Easily modified for all fitness levels.

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147

Tabata Circuit

High-intensity interval training alternating extreme exercise with rest to build endurance, torch calories and strengthen the body. Highly demanding.

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148

SUP & Stretch

This specialty class begins with core activating Pilates exercises followed by an introduction to stand up paddleboard in the harbor, small muscle fibers will activate to assist in balance before a full body stretch completes this class.

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144

Titleist Performance Institute Training

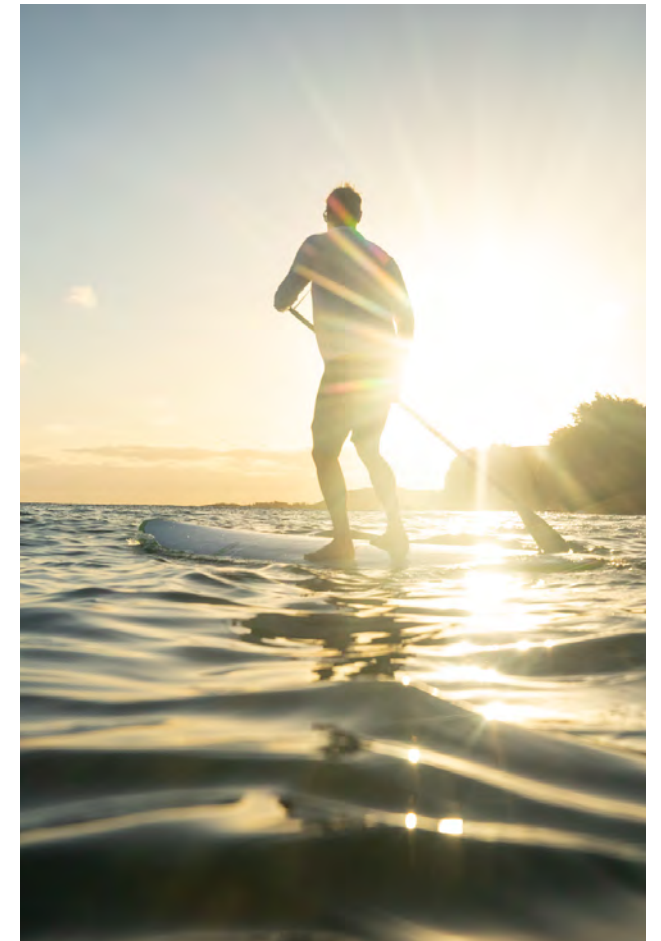
The TPI class is designed to teach golfers how to increase their performance through a deep understanding of how the body functions during the golf swing.

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146

TRX Training

TRX utilizes suspension training and uses your body weight to develop strength and balance as well as flexibility and core stability simultaneously. Get ready for pushups to chest presses, curls, rows, squats, lunges and more, as you learn to target specific areas to engage, or go for the total body experience.



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149

Full Moon Yoga

Gather under the night sky for a specialty practice that is aligned with the Lunar Cycle connecting you to the deep Hawaiian cultural moon phase practice. This class is a Hatha inspired practice.

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150

Yin, Yoga & Sound Healing

Yin poses are held for longer periods of time while instruments and chanting is paired with the held stretch to evoke deeper relaxation into the pose. Yin Yoga works to open energy lines to the organs and channels of the body based on Chinese Medicine.

PLACE
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151

Band Bum Tabata

Using the Tabata principles of 20 seconds of work and 10 seconds of rest this challenging and dynamic workout will train the upper body, lower body and core while enjoying fluid movement and upbeat music.

PLACE
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152

Vinyasa Flow Yoga

An activate integration of breath and movement that will include standing balance poses and increase strength and flexibility while building a sweat.

PLACE
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153

Classical Hatha Yoga

The foundation for this practice links each movement to breath to provide a full body stretch that will include balance, standing and a floor series to increase flexibility.

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154

Vinyassa Slow Flow Yoga

Aligns movement with breath for a mindful Vinyasa Yoga practice that gives each practitioner an understanding of the principles of asana and offers a mindfully paced class for all levels.

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155

Yin Yoga

Held postures targeting the connective tissue of the lower back, hips and hamstrings, this practice will open energy lines and assist in deep sleep.

PLACE
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156

Muay Thai Kickboxing

Traditional martial arts and combat sport that will use stand up striking techniques. This discipline is offered from a black belt and jiu jitsu instructor.



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157

Restorative Yoga & Sound Healing

This classes utilizes various props to support deep relaxation as various instruments are played to deepen vibrational healing for the mind and body. This practice will increase flexibility effortlessly while decreasing mental stress.

158

Reggaelates: Yoga & Pilates Fused

A fusion of yoga and Pilates, this energetic class combines the best of traditional yoga poses with Pilates exercises to strengthen the core, abdominal and back muscles, and lengthen the major muscles. Not appropriate for expecting mothers. All fitness levels are welcome.



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165

Strong, Centered & Stretched

Combine resistance exercises to maintain muscle mass, balance & core work that integrates range of motion and flexibility.

PLACE
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166

Fight Club

Unleash the warrior within! The Fitness Lanai will be turned into a boxing gym, with heavy punching bags, gloves, jump ropes, kettlebells and more.

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167

R&B Hip Hop Dance

This class is a fun way to learn dances while getting a full body workout which includes warm up and a stretch. Each class will give you an opportunity to learn a few new dances to upbeat songs that will energize you for the day.



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159

Healing Hatha Yoga

This class focuses on deep therapeutic activation and stretching with targeted concentration on the hips, hamstrings, back and shoulders.

PLACE
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161

Deep Stretch

Guided active stretch using straps and blocks, this grounded practice is designed to target all major muscle groups and is great to improve your golf game.

PLACE
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163

Vino Vinyasa

An energetic practice that combines Vinyasa Yoga to activate the senses and is followed with a wine tasting flight curated by a local sommelier.

PLACE
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160

Yin, Hatha, Restorative Yoga

Combining aspects of all three practices you will explore both standing and floor asanas as well as support restoration and deep relaxation.

PLACE
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162

Sound Healing Journey

Relax completely as you are guided through a journey of different instruments and chants that will provide a vibrational centering for the body and mind.

PLACE
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164

Long Lyrical Lines

Ballet inspired workout combined with light weights and rhythmic movement for a full body workout with low impact that concentrates on toning muscles and creating a long lean posture.



PLANNER

DAILY SCHEDULE

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EXPERIENCE: _____

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LOCATION: _____

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EXPERIENCE: _____

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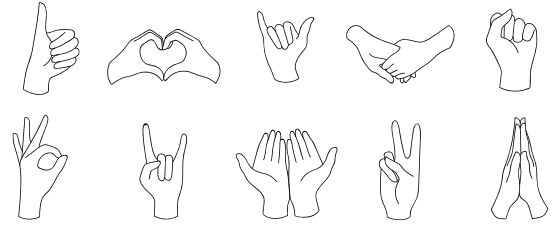
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DAILY SCHEDULE

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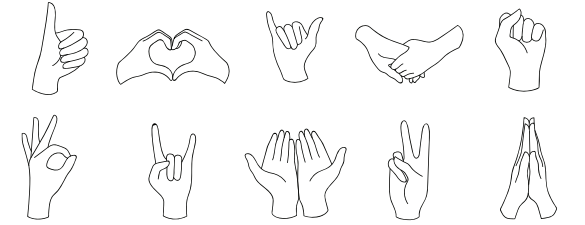
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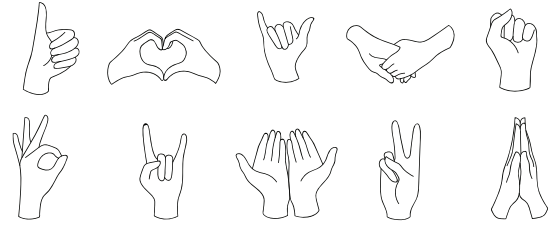
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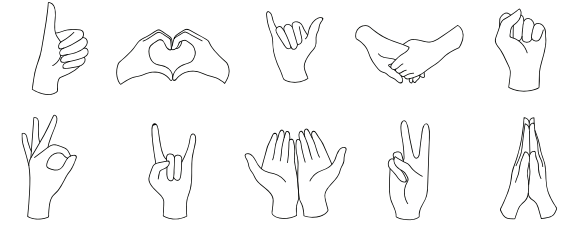
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CLUB INFORMATION

CLUB POLICIES

HEALTH & WELLBEING

The health and wellbeing of our Members, Guests and Staff is our top priority, and Kukui'ula remains committed to delivering exceptional service with the Ho'okipa, heartfelt Hawaiian hospitality, it is known for. With homes and amenities spread out across 1,010 acres and the wide-open space of our island beyond, Kukui'ula remains a safe haven where our Members and Guests can still gather with those they love to enjoy an experience full of adventure and exploration, restoration and relaxation.

During this time, we kindly ask that you and your guests wear a mask when you visit The Club, and, per Hawai'i State Department of Health guidelines, ensure you are wearing it when you are in proximity to others not in your family. Please adhere to social distancing guidelines while at the Club and while utilizing the Club's amenities.

For the added comfort and safety of everyone at Kukui'ula, we have embraced new standards and protocol which includes, but is not limited to, sanitation stations placed throughout The Club and amenity areas, additional cleanings daily, modified dining and activities to meet the current guidelines of the CDC and local government authorities.

We look forward to welcoming you and your 'ohana to The Club at Kukui'ula and sharing our aloha spirit with you.

NO SMOKING

Kukui'ula is a nonsmoking property.

CELL PHONES & MOBILE DEVICES

Cell phones and mobile devices shall be kept on "silent" or "vibrate" while on the golf course or in any indoor portion of The Club amenities. Discretion shall be used in answering or placing calls anywhere on The Club property.

DRONES

Any use of drones on or over Kukui'ula property must be approved by management and security prior to use. Please contact Security at 808.742.3066.

GRATUITY & TIPPING

Kindly note that tipping is not permitted for any personnel at The Club and that gratuities will automatically be added to your dining and spa charges.

PERSONAL ANIMALS

Pets are not permitted on any portion of The Club amenities, except under special circumstances when authorized by The Club Manager or required by law. Please consult The Club rules or contact the Director of Villa Operations for The Lodge at Kukui'ula for more detailed information.

PROTECTED WILDLIFE

Preserving the beautiful and often rare flora and fauna of our island home is important to us, ensuring enjoyment for all in perpetuity. At Kukui'ula, please drive carefully and do not approach or bother the native Nēnē Geese. In the ocean, please be mindful to do the same with native Hawaiian Green Sea Turtles and the native Hawaiian Monk Seals. All three are endangered and are protected under State law and the Federal Endangered Species Act.

Our coral reefs are a vital part of the health of our ocean – please do not stand on them or disturb them. And please remember to use reef-safe sunscreen, now required by Hawai'i State Law.

GUEST REGISTRATION & POLICIES

All guests of Members must be registered at least 24 hours prior to the guest's arrival. To register your guests, please contact the Island Hosts at memberservices@kukuiula.com or 808.742.8000. To obtain a copy of the new guest policies effective July of 2019, please contact the Member Relations Manager, Brenda Sameshima, at bsameshima@kukuiula.com or at 808.742.3058.

Required information for guest registration through Kukui'ula Member Services:

- First/last name of all guests
- Age (if under 21)
- Arrival/departure dates
- Lodging accommodations
- Whether the guests will be accompanied by the Member or not.
- Whether guest accounts are requested and for which guest name(s).

Lodge guests are not permitted to have guests who are not registered to their Lodge home on property at any time.

Blackout dates for unaccompanied guests are December 18, 2021 - January 2, 2022 and include Christmas Eve and New Year's Eve events.

* Hours and activities subject to change.

CONCIERGE

ISLAND HOSTS

808.742.8000

Members: memberservices@kukuiula.com

Guests: guestservices@kukuiula.com

Open daily, 8:00 a.m. – 8:30 p.m.

Our Island Hosts, located in the Huaka'i Outfitter's Shop, can assist you with planning every detail of your stay here at Kukui'ula, from guest registration, dinner and event reservations, to golf tee times and spa treatments, adventure outings, airport transportation, child care services and more.

Hours and activities subject to change.

CLUB DIRECTORY

PLANTATION HOUSE

808.742.8000
2700 Ke Alaula Drive, Kōloa, Hawaii 96756

Clubhouse

Open Tuesday – Sunday, 8:00 a.m. – 8:00 p.m.
Pools Open Daily
Serviced Tuesday – Sunday, 11:00 am – Sunset
No lifeguard on duty

Makai Pools

Open Daily
Serviced Monday, 11:00 a.m. – 5:00 p.m.
Tuesday – Sunday, 11:00 a.m. – Sunset

ISLAND HOSTS

Club Concierge
808.742.8000
Available Daily, 8:00 a.m. – 8:30 p.m.
Members: memberservices@kukuiula.com
Guests: guestservices@kukuiula.com

GOLF CLUBHOUSE & PRO SHOP

808.742.3038
Open Tuesday – Sunday, 7:30 a.m. – 5:30 p.m.

HI'ILANI SPA + FITNESS FACILITIES

Monday, 8:00 a.m. – 5:00 p.m.
Tuesday – Sunday, 7:00 a.m. – 6:00 p.m.

HI'ILANI SPA BOUTIQUE

808.742.3070
Open Tuesday – Sunday, 7:00 a.m. – 6:00 p.m.

HUAKA'I OUTFITTERS

808.742.8000
Tuesday – Sunday, 8:00 a.m. – 5:30 p.m.

'UMEKE KITCHEN + BAR

808.742.8000
Breakfast: Tuesday – Sunday, 8:00 a.m. – 11:00 a.m.
Dinner: Tuesday – Saturday, 5:00 p.m. – 9:00 p.m.*
**Last seating and to-go order taken at 8:00pm*

MAKAI GRILL + BAR

808.742.8000
Lunch: Monday, 11:00 a.m. – 5:00 p.m.
Tuesday – Sunday, 11:00 a.m. – 4:30 p.m.
Sunday Dinner: 5:00 p.m. – 8:00 p.m.*
**Last seating and to-go order taken at 7:00pm*

KUKUI'ULA REALTY

808.742.0234

MEMBER SERVICES

Brenda Sameshima
808.742.3058
bsameshima@kukuiula.com

GUEST SERVICES THE LODGE AT KUKUI'ULA

808.742.3022
guestservices@kukuiula.com



FIND YOUR HOME AT KUKUI'ULA



Making a home on Kaua'i may create a family covenant, fulfill a personal longing, or a lifelong dream. Homesites at Kukui'ula range from one-third acre to three acres, and include some of the last Kaua'i coastline still available for building. Renowned architects like Shay Zak, Olson Kundig and Bing Hu have constructed a collection of stunning homes along hillside slopes and ocean overlooks. For visitors, The Club Cottages, Bungalows and Villas, located just steps from The Clubhouse, provide an opportunity to experience all Kukui'ula has to offer through the Lodging program. We invite you to explore the luxury homes and homesites of Kukui'ula.

To schedule a personal tour with one of our sales executives, please call 808.742.0234, email us at info@kukuiula.com or visit our sales office next to the Golf Pro Shop, just before you arrive at Club Valet.





The Club at Kukui'ulaSM

2700 KE ALAULA STREET, KŌLOA, HI 96756 | 808.742.8000